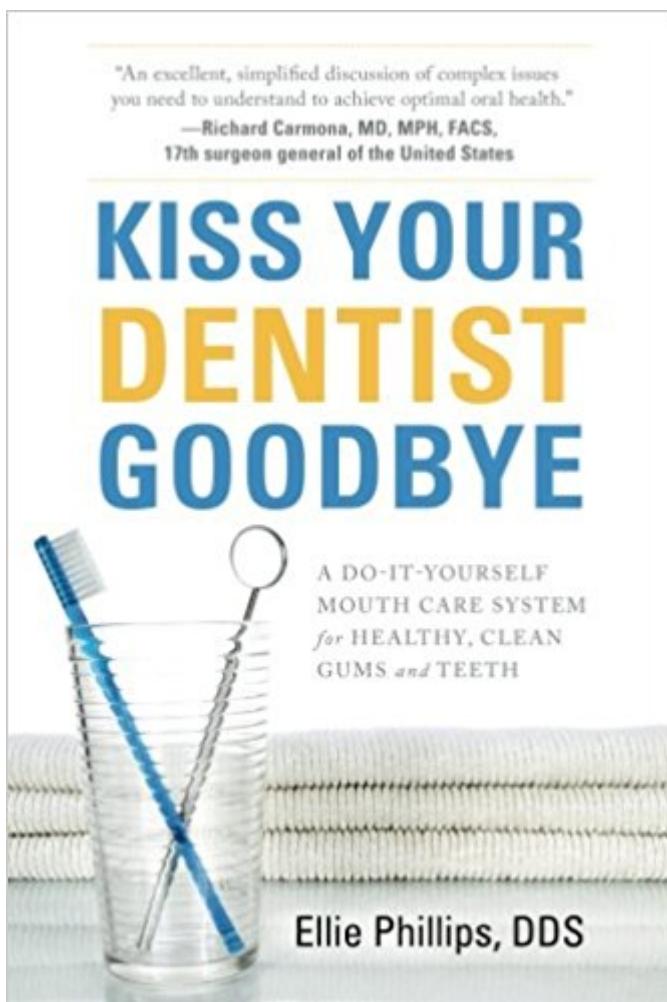


The book was found

Kiss Your Dentist Goodbye: A Do-It-Yourself Mouth Care System For Healthy, Clean Gums And Teeth



Synopsis

You brush, floss, use mouthwashes, and are concerned about the foods you eat, yet you still require fillings or lengthy cleanings at the dentist. In *Kiss Your Dentist Goodbye*, Dr. Ellie Phillips teaches how anyone can achieve and maintain a truly healthy mouth. Empower yourself as you improve the look and feel of your teeth between dental visits. Your dentist will be amazed at the changes he sees, and you will be thrilled as cavities and gum disease become a thing of the past. Traditional dentistry cannot prevent dental disease. But Ellieâ™s do-it-yourself daily routine can. Discover how easy it is to reduce plaque buildup, strengthen tooth enamel, repair small cavities, eliminate tooth sensitivity, and improve your overall oral health. Learn about products that hinder your efforts and the risks of bleaching, dental sealants and the wrong use of fluoride. It is time to achieve healthy, clean teeth and gums and wow your dentist at the next appointment.

Book Information

Paperback: 248 pages

Publisher: River Grove Books; 1 edition (January 9, 2017)

Language: English

ISBN-10: 1632991195

ISBN-13: 978-1632991195

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 15.4 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #233,003 in Books (See Top 100 in Books) #4 in Books > Medical Books > Dentistry > Caries #43 in Books > Medical Books > Dentistry > Preventive #66 in Books > Medical Books > Dentistry > Dental Hygiene

Customer Reviews

Dr. Ellie Phillips is a dentist specializing in preventive dental care. She has years of dental experience caring for geriatric patients, special needs children, and adults and the developmentally disabled. She was in private practice for many years, and particularly enjoyed working with the fearful and phobic. Dr. Ellie is a member of the American Dental Association, the New York State Dental Association and the American Academy of Pediatric Dentists. She is a graduate of Eastman Dental Center, Rochester, NY with qualifications in pediatric and general dentistry. She is an honorary member of the Eastman Academy, University of London, England. Recently Dr. Ellie was the pediatric outpatient clinic director at the Eastman Dental Center and a faculty member at the

University of Rochester. A mother of five, she currently lives with her husband in upstate New York.

[Download to continue reading...](#)

Kiss Your Dentist Goodbye: A Do-It-Yourself Mouth Care System for Healthy, Clean Gums and Teeth Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weight loss, Eat Clean Diet Book Clean Eating: Clean Eating Diet: The 7-Day Plan for Weight Loss & Delicious Recipes for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) Brush, Floss, and Rinse: Caring for Your Teeth and Gums (How to Be Healthy!) Future Health! Personal Care - Caring For Your Teeth & Gums The Tooth Book: A Guide to Healthy Teeth and Gums Nutrition for a Healthy Mouth (Sroda, Nutrition for a Healthy Mouth) CAT CARE: BEGINNERS GUIDE TO KITTEN CARE AND TRAINING TIPS (Cat care, cat care books, cat care manual, cat care products, cat care kit, cat care supplies) How to Heal Cavities and Reverse Gum Disease Naturally: a science-based, proven plan to heal teeth and gums using nutrition, balancing the metabolism, and natural therapies such as oil pulling Mouth Wide Open: How To Ask Intelligent Questions About Dental Implants and Actually Understand What Your Dentist Is Saying The Mouth-Body Connection: The 28-Day Program to Create a Healthy Mouth, Reduce Inflammation and Prevent Disease Throughout the Body CLEAN EATING: The Detox Process And Clean Eating Recipes That Help You Lose Weight Naturally (Clean eating cookbook, Weight Watchers, Sugar free detox, Healthy ... Eating Cookbook, Loss weight Fast, Eat thin) How to Keep Your Teeth for a Lifetime: What You Should Know About Caring for Your Teeth Who Needs Teeth?: (Adorable Rhyming Bedtime Story/Picture Book About Caring for Your Teeth, for Beginner Readers, Ages 2-8) Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1) The Revolutionary Atkins Diet: Say Goodbye to those stubborn Belly Fat Forever (Weight Loss, Proteins, Atkins Diet, Atkins, Clean Eating, Low Carb, Paleo, ... Protein Diet, Healthy Fats, Maintenance) Brushing My Teeth (Powerkids Readers: Clean & Healthy) Caring for the Horse's Teeth and Mouth: Solving Dental Problems and Improving Health, Comfort, and Performance Caring For Your Teeth (Take Care of Yourself!) Wipe Clean: Learning Sight Words: Includes a Wipe-Clean Pen and Flash Cards! (Wipe Clean Learning Books)

[Contact Us](#)

[DMCA](#)

Privacy

FAQ & Help